## Personal Protective Equipment

Personal protective equipment (PPE) includes safety equipment that is designed to protect employees’ eyes, face, head and extremities.

Workers may require gloves and safety goggles when handling chemicals, mittens when working with hot surfaces and cutting gloves (wire mesh/aramid fiber/kevlar) when using sharp knives.

### Are you using PPE?

#### Shoes:
Comfortable with non-slip rubber soles and flat heels. Good, solid shoes will keep your toes protected. Sandals or shoes that expose your feet are not acceptable. Proper shoes help protect feet from injury, and reduce slips, trips, and falls.

#### Gloves:
Protect fingers, hands, wrists and sometimes forearms from cuts and lacerations during material handling. Gloves can also help workers get a better grip on materials during lifting and transferring.

Employees should wear protective gloves when they are...

- Taking out the garbage
- Handling boxes of stock

Certain gloves (Latex/Plastics) protect skin from irritants such as chemicals, solvents, acids, and detergents. Latex/plastic gloves protect against infection and are good for sanitation.

#### Cutting Gloves:
Protect hands from cuts and lacerations during food preparation in the kitchen.

#### Goggles: (Eye Protection)
Must be worn where there are flying particles or use of hazardous substances that may come into contact with the eyes.

Employees should wear ANSI approved Z87 goggles when they are...

- Cleaning involving spray chemicals
- Cutting or grinding tasks where particles may come into contact with the eye