



PARTNERING WITH TOWNSHIPS

TOWNSHIP OFFICIALS OF ILLINOIS RISK MANAGEMENT ASSOCIATION

# RISK REMINDER

## General Rules For Hand Trucks

*When using a hand truck, dolly, or other non-powered material handling equipment, follow these simple tips:*

- Properly secure the load on the hand truck. This may mean using a strap to hold it in place.
- Push the load, don't pull. You can get twice the power by pushing and there is less chance of the load falling on you.
- Make sure you have a firm grip on the hand truck.
- Keep your knees bent, back straight, and lean in the direction of the movement of the load.
- Let your legs and body weight do the work.



**For more information, contact your Loss Control Consultant at (888) 562-7861**

CLAIM REPORTING HOTLINE (844) 562-2720 | Available 24/7